

Dear Parents,

The high school students of Central are invited to attend the annual fall parent-run retreat the weekend of September 5-7. We will be holding the retreat at Lake Geneva Christian Center near Alexandria, MN. Our speaker this year is Jarvis Glanzer. Jarvis is a former graduate of Central. He has been our speaker in the past. He is currently Lead Pastor at Wartermark Church in Stillwater, MN. Jarvis keeps current with teenagers and comes up with interesting topics for our retreat. As always, our intent for this retreat is to encourage the students to grow in the Lord personally, but also how can we do that as a body. Let this be a goal the student set for this new year at Central.

Although meals will be provided at the camp, we would love baked goods or any type of snack for in-between times. The kids really appreciate them! These snacks will be served in a common area for all the students to enjoy. Sorry, but students are not allowed to keep snacks or treats in their rooms. This is a Lake Geneva rule. The baked goods and snacks can be brought to the Central office by the morning of September 5. We will pick them up at noon and take them along to the retreat.

We would ask you to pray for God's leading in the hearts and lives of each individual who attends. We have sessions Friday evening, Saturday morning and evening, and Sunday morning before we leave. As we did last year, we are saying no cell phones or electronics for students. We request students leave them at home. If they happen to forget, they will be removed from their possession. You may ask the reason and it is the same - we are committing this weekend to honor God. We have found cell phones to be a distraction in this setting. Fasting from cell phones allows time to committing to interact with their peers/friends and focus on God. Replace the cell phone with a Bible. If you need to contact your child, you may call one of the counselors or Perry & Marge (numbers below). Each year it seems a few pranks arise. These pranks also disrupt the reason we come to retreat. Bullying and scare tactics will not be tolerated. Please discuss with your children what they are taking to retreat. If this happens or your child has brought inappropriate items to retreat, they may be asked to leave and you will get a call to pick them up.

We would encourage parents to attend any part of this weekend. You may come for any session. Come for the free-time on Saturday and stay for the evening session! We encourage parents/grandparents and youth leaders to come and support their student(s). We ask that you give us prior notice if you plan to stay for a meal so we can notify the kitchen. Just give us a call.

At this time we are still welcoming counselors. If this is you and you would like more information, please contact Perry Breems at 320-212-7446 or Marge Breems at 320-212-9300.

If your child plans to attend, PLEASE HAVE FORMS & PAYMENT IN TO THE HIGH SCHOOL OFFICE BY WEDNESDAY, SEPT 2, 2025.

Thank you so very much!
The Retreat Committee

Current Counselors:

Travis Berry
Mason & Elsa Dehmlow
Steve & Katie Vogel
Wendy Dehmlow
Landon Groen
Danielle Watson
Krista Slagter
Tara Stoel
Shara Beekman
Jon De Groot
Bryan & Sue De Groot
and others that may want to join us as counselors.

CENTRAL Fall Retreat 2025

Lake Geneva Christian Center near Alexandria

Friday: 3:15- Leave School
4:30- Check in
5:30- Supper
7:00- Evening Session in the Worship Center
10:00 Devotions with Counselors

Saturday: 8:00- Breakfast
8:45- Quiet Time
9:30- Morning Session followed by small group with counselor
11:30- Lunch
1:30- Free time - outdoor games or games in basement of Lakeview Center
5:00- Supper
7:00- Evening Session
10:00 Devotions with counselors

Sunday: 8:00- Breakfast
9:00- Worship Service
Pack up and board buses for home

Emergency Numbers: Perry and Marge Breems (320-212-7446 or 320-212-9300)
Christian Center (320-763-3680)

Some items to remember to bring:

- | | |
|-------------------------|---|
| - Bible | - pillow & bedding (sleeping bag or sheets & blankets) |
| - notebook & pen | - towel & washcloth |
| - flashlight | - card games |
| -personal hygiene items | - extra clothes-might need them after Saturday's
free time |

Please **leave at home:**

Electronic games and cell phones

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- The "leave at home items", if brought, will be safely kept by the counselors and returned to you at the end of the weekend.
 - No Cell phones,
 - Everyone is required to attend all sessions and planned activities
 - We ask for your cooperation and respect all weekend
 - We ask that there be no removal of screens- there will be a fine (\$\$\$)
 - Leave the furniture where it is- do not move it into rooms

It is our prayer that this weekend you will deepen your relationship with the Lord and each other!

See Registration Form on the next page.

CENTRAL FALL RETREAT 2025

September 5 - 7
Registration Form

Student Name: _____

Phone: _____

Address: _____

Emergency Contact: _____

Home Phone: _____ Cell Phone: _____

Registration Fee: _____

\$125.00 / student

Checks to: Unity CRC – HS retreat

Permission/Medical Form

I _____ give my permission for _____ to attend the Lake Geneva Christian Center on September 5 - 7. I also give permission to the leaders in charge to secure needed emergency medical treatment for the minor(s) named above. I have also gone over all the information on the sheet with my child.

Parent/ Guardian Signature _____

Insurance Company _____

Policy Number _____

Medical Information _____

Allergic Reactions _____

Medications (please list) _____

If your child has special dietary needs please list so we can contact LGCC kitchen in advance for preparation:
